

# THE TEMPERAMENT TEST

**STEP 1:** Circle the word in each row that best describes you.

	COLUMN A	COLUMN B	COLUMN C	COLUMN D
1	TAKES CHANCES	LIKES TO LEAD	LOYAL	HIGH IDEALS
2	RATIONAL	FUN-LOVING	DARING	BALANCED
3	NON-DEMANDING	DEEP/THOUGHTFUL	IMAGINATIVE	SINGLE-MINDED
4	PRODUCTIVE	UNDERSTANDING	DETAILED	LIKES VARIETY
5	UNFLUSTERED	RESERVED	MOTIVATOR	AUTHORITATIVE
6	LOGICAL	ENJOYS NEW THINGS	DECISION MAKER	MEDIATOR
7	ENERGETIC	OPINIONATED	AVOIDS CONFLICT	PREDICTABLE
8	CONSCIENTIOUS	EXPRESSIVE	TAKES CHARGE	NURTURING
9	PATIENT	PRACTICAL	FORGIVING	ADVENTUROUS
10	GOAL-DRIVEN	PATIENT	FAITHFUL	LOVES PEOPLE
11	DISLIKES CHANGE	TIDY	PROMOTER	COMPETITIVE
12	PERSISTENT	PLAYFUL	INDEPENDENT	TOLERANT
13	TALKATIVE	ENJOYS CHALLENGES	DEEP RELATIONSHIPS	SENSITIVE
14	CREATIVE	POSITIVE	BRAVE	GOOD LISTENER
15	ACCEPTING	EVALUATES	ENTHUSIASTIC	IMPULSIVE
16	DOER	EASYGOING	LIKES ORDER	OPEN/FRIENDLY
17	STEADY	CAUTIOUS	ENERGETIC	ACHIEVER
18	PERFECTIONIST	ANIMATED	VISIONARY	WILLING

This test is based on *Personality Patch Training* by Teresa Gilbert: [pathwaystoexcellence.net](http://pathwaystoexcellence.net). All rights reserved.

**STEP 2:** Count the number of words you circled for each color and record it below.

\_\_\_\_\_ **PURPLE**    \_\_\_\_\_ **BLACK**    \_\_\_\_\_ **BROWN**    \_\_\_\_\_ **ORANGE**